

Michael T. Harding II, MAcOM, LAc, Dipl. OM.

East Asian Medicine Practitioner at Oriental Health Solutions, LLC

907 Broad Street
Durham, NC 27705

919.286.9595

www.orientalhealthsolutions.com

EDUCATION

- 2014 - 2017 Master's Degree of Acupuncture and Oriental Medicine, AOMA Graduate School of Integrative Medicine, Austin, TX
- 2009 - 2012 Bachelor's of Science in Cellular and Molecular Biology, Stephen F. Austin State University, Nacogdoches, TX

CERTIFICATIONS

- 2017 National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM): Certification in Foundations of Oriental Medicine
- 2017 NCCAOM Certification: Diplomat Status in Chinese Herbology
- 2017 NCCAOM Certification: Diplomat Status in Acupuncture Point Locations and Energetics
- 2017 NCCAOM Certification: Diplomat Status in Biomedicine

LICENSES

- 2017 - Present Licensure: Acupuncture in North Carolina

CONTINUING EDUCATION HIGHLIGHTS

- 2020 Infertility, Prenatal Care, and Maternal Health Clinical Strategies and Treatment Applications. Datis Kharrazian, PhD. 12 hours
- 2020 Kiiko's Matsumoto's Master Class: The Three Tan Tian & Regulation of the Limbic Brain. 12 hours
- 2019 Kiiko Style Acupuncture, Restoring Kidney Function Altered by Medication or Poor Diet. 13 hours
- 2019 Discovering How Diet Impacts Human Behavior. 5 hours
- 2019 Kiiko Style Acupuncture, 100 Diseases from Wind. Du 16, Back Pain, and Shoulder Pain. 12 hours
- 2018 Kiiko Style Acupuncture, Sugar Metabolism Regulation Using Needles and Diodes. 13 hours
- 2016 Traditional Japanese Acupuncture Hari Program with T. Koei Kuwahara. 81 hours

CLINICAL PRACTICE

- 2018-Present East Asian Medicine practitioner at Oriental Health Solutions, LLC, specializing in menstrual health and fertility, dermatology, and the treatment of pain, including acute and chronic pain, musculo-skeletal pain, sports medicine and geriatric pain management.
- 2015-2017 Clinical Intern at AOMA Graduate School of Integrative Medicine. Provided services, including acupuncture, Tuina, herbal medicine, nutritional advice, moxibustion, cupping, guasha, bleeding, electrical stimulation, and non-insertive needling. Practiced various styles of acupuncture including TCM, Four Needle, Balance Method, Master Tung, Hari. Formulated and counseled patients on herbal prescriptions as well as preparing herbal formulas in bulk and powder and filling patent and tincture prescriptions.
- 2016-2017 Chinese Herbal Pharmacist at Ma Acupuncture Clinic in Austin, Texas. Assisted filling customized herbal prescriptions of bulk, raw, and powdered herbal medicine for busy Acupuncture Clinic focusing on Fertility, Women's health, and Dermatology. Assisted in administrative duties such as ordering and stocking inventory, managing patients' appointments, and charts. Instructed patients on cooking and administration of herbal medicine.
- 2016 – 2016 Clinical Intern at Seton Topfer Community Clinic. • Treated up to three patients hourly,

referred by M.D. physicians in private hospital room setting utilizing acupuncture, Tuina, herbal medicine, nutritional advice, moxibustion, cupping, guasha, bleeding, and electrical stimulation to treat various illnesses.

AWARDS

- 2007 Winner of two separate ICARE awards for excellence in patient care going above and beyond requirements for healthcare workers, St David's Medical Center, Round Rock, TX
- 2002 Second Place, team USA, World Tae Kwon Do Championship, Toronto, Canada

TEACHING

- 2015-2016 Anatomy and Physiology Laboratory Instructor, AOMA Graduate School of Integrative Medicine, Austin, TX. Instructed students on human anatomy and physiology with special emphasis on western medical and traditional Chinese medicinal applications. Instructed, aided, and supervised dissection of specimens with relation to human anatomy and physiological processes.
- 2011-2012 Comparative Vertebrate Anatomy Laboratory Instructor, Stephen F. Austin State University, Nacogdoches, TX, Facilitated students' achievement of learning outcomes through hands-on practice, informal lecture and critical thinking exercises. Supervised and aided students in dissections of various vertebrate species.

SOCIETIES

- 2019 – present North Carolina Association of Acupuncture and Asian Medicine
- 2017 – present National Certification Commission of Acupuncture and Oriental Medicine
- 2005 – present United States Yoseikan Budo Association

HOBBIES AND LOVES

Since...

- 1990 – Cinefile
- 1996 – Martial Arts including Shotokan Karate, Tae Kwon Do, Yoseikan Budo/Gyokushin Jujitsu
- 2002 – Guitar
- 2010 – Bird watching
- 2016 – Carpentry, Japanese woodworking hand tools